

# *Secret Sayings, Hidden Meanings*

Practical Wisdom  
for a Post-Modern World

by Graham Cooke

The Wisdom Series — Book One



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*Wisdom that stretches our thinking and enlarges our heart.*

*A book of aphorisms by Graham Cooke.*



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ISBN 978-1-934771-II-2

Cover image by Matt Wolcott and Jared Teska

## Dedication

I dedicate this book to my own tribe of friends in Vacaville, California.

I love the way we hang out and do life together. I love the laughter, joking, and the gentle mischief of dear friends.

I love the deep conversations, prayers and wisdom that bind us together in Kingdom purpose.

I love the worship, delight, and deep adoration that is in all our hearts towards the Lord Jesus.

I love the energy, enthusiasm and excitement that the Holy Spirit brings to our corporate journey.

I love the permission that the Father has given us to explore dreams, faith and the land of promise He has opened up to us.

This is the Lord's doing and it is marvelous in our eyes!

# Acknowledgements

To all my friends, fellow warriors and co-laborers around the world.

I am grateful for the friends, speakers, songwriters, prophets, apostles and leaders in Asia, Africa, Europe, Australia, Canada, New Zealand, America and the UK... people who have taught me and inspired me, both directly and indirectly, by their lives, words, and example under pressure.

My grateful thanks to mentors now walking the green fields of Paradise, and for current guides who coach me in the ways of the Lord.

## A Note on Meditation

The purpose of this book is to lead you out of the busyness of life and into the still waters of deep thought, restful perception and therefore *presence*. As you give yourself to this process you will become more God-conscious, more of a worshipper, and more peaceful in how you approach life.

To meditate means to think deeply about something or someone. It means to explore with mind and heart, allowing what you think to touch your innermost being.

Meditation is creative thought which leads us to the higher realm of revelation and wisdom. It takes us beyond the place of reason to where joy is seated and faith is activated.

Meditation allows us to search inside and outside the box of our current paradigm. What you see and hear there touches you profoundly. It adds a ring around the core truth of Christ which is God within, the certainty of freedom.

Fruitful meditation is therefore not a casual seeking for revelatory insight. Initial creative thoughts are merely the “X” that marks the spot. There is treasure in meditation, a guarantee of wealth in the pursuit of God.

Many are satisfied with collecting random truth on the surface of their consciousness. It is good, wholesome stuff, but it does not satisfy and it cannot challenge the complexities of life in a warfare context.

Deep truth has to be mined over days and weeks. It takes joy and patience to take truth down to its deepest level. Beyond meeting our current needs. Beyond the depth of understanding the power it releases to us against our adversary. Down to the depth where God lives in the highest places of heaven. For all meditation must ultimately come before the throne of His majesty, sovereignty and supremacy. He fills all things with Himself.

Our current situation requires wisdom, but even more it yearns for *Presence*. Meditation allows us to experience both, through the word coming alive in our spirit. Meditation leads us to God and the permission of His heart. Learn to be in the question peacefully with God. Let the Holy Spirit teach you how to abide. Turn

inwardly and rest; wait patiently... He will come. When your heart gets restless, turn to worship. When the interior atmosphere settles, return to listening.

Write down initial thoughts but do not pursue them just yet. Do not be distracted by what you hear initially. Set it aside; come back to it later.

When first entering a lifestyle of meditation, take care to ease into it slowly. An hour at first, then longer until half a day and so on.

Always have a focus; do not try to wait in a vacuum. In this book are a series of sayings and life statements. Take time to process them. Enjoy the stillness of deep thinking and allow your heart to flow in and out of worship.

Use the questions as the Spirit leads. They are not prescriptive but merely a guide to enable your contemplation. No doubt you will discover better questions as the Holy Spirit tutors you.

Enjoy!

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## About Personal Notes

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Following every entry, you will find blank or mostly blank pages like this one. Each of these has a question or questions to help direct you in your meditation. They can be used or ignored; they are merely there as a starting point or guide. These “Personal Notes” sections have been included so you may write His thoughts and keep them close.

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Dear Reader:

Some of the sayings  
in this book are not  
explained...

I did not want to deprive  
the Holy Spirit of the  
joy of sharing His heart  
with you... Himself.

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**If you want to see things  
you've never seen before...  
you must be prepared  
to do things you have  
never done before!**

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## Personal Notes

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What does this mean for you?

# We are always defined by the intentions of God

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To do well in the Spirit your heart must be attuned to the purpose of the Father.

His heart and affection for you must govern every facet of your being. To walk in the Spirit is to walk in the acceptance of a loving God who sees you as His much beloved child.

Brilliant fathers have great intentions towards their children. They think ahead and they live with them in the present.

The Father has great plans for you (Jeremiah 29:11). His intentions say a great deal about you and the quality of life He desires to give you.

Prophecy is the future spoken in advance. Dreams and visions open us up to the claims of God. He has designs on you.

You are made for a specific purpose. When you determine that purpose, all the intentionality of God begins to open up to you.



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## Personal Notes

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Meditate on prophetic words, dreams, visions or scriptures that God has given you.

What do they say about you? What can you determine of God's intentionality for you?

What impact will these intentions have on your present–future lifestyle?